

THE EAGLE'S VIEW NEWSLETTER

What's Inside

COVID-19 Resources

Emergency Prep:
Earthquakes

Wildlife: Western
Meadowlark

Spring Landscaping

GROWING-UP I LOVED SPENDING TIME WITH MY GRANDPARENTS, LISTENING TO THEIR STORIES.

Their unique quirks and qualities made a distinct impression upon me

I appreciated their work ethic and down-to-earth perspectives. I was fascinated with how they had faced real hardships like a depression and a world war, yet they were not broken people at all. They were strong and optimistic. They had faced fear and hardship without giving in or giving up. Instead they took it upon themselves as their calling in life to make the world a better place.



Mayor Westmoreland

Each generation has its challenges and we have ours. Just as my grandparents' generation was known by what they overcame, so will ours. However, what will ultimately define us is not just what we accomplish but what we become in the process. We will adapt and our challenges will pass. We will be changed but we must change for the better.

About twenty years ago I went through the hardest time in my life, in which I lost everything I had worked for. A friend gave me a book called "Who moved My Cheese?" At first, I resisted the book because my life had harshly and permanently changed,

Continued on Page 2 >

Contact the City

www.eaglemountaincity.com

1650 Stagecoach Run
Eagle Mountain, UT 84005

Utility Bills:	801-789-6609
Report an Issue:	801-789-5959
Request Records:	801-789-6611
Business Licensing:	801-789-6634
Sheriff/Fire Dispatch:	801-794-3970



Continued from Page 1

and I was unwilling to accept the reality of it. In time, I adapted and improved in my new situation. It was a humbling process but I began to create a new me.

Another book that was helpful during this time in my life was Victor Frankl's "Man's Search for Meaning." In it, Frankl shares what he learned from his experience in a WWII concentration camp.

From a City perspective, we are in good shape. We have been preparing for emergency situations for some time. We have people that are well trained. The city has financial reserves. Our water sources are redundant and have backup power.

The City will continue to provide services. We are adapting creative solutions to keep everything working. Through this the City will become even more efficient.

Please continue to follow recommended distancing protocols. This is a time to look out for each other by keeping everyone safe. I know this is hard on everyone, some more than others. April will be a long month but if we are united in our efforts to deny COVID-19 the opportunity to transmit from person to person, we will beat it.

Will this be remembered as an ugly, miserable time in our lives or will this be our shining moment when we overcame our challenges and made the world a better place?

Mayor Tom Westmoreland

mayor@emcity.org

801-789-6603

www.facebook.com/mayorwestmoreland

Recycling Tip!



Keep Labels On!

You do not have to remove labels. Just make sure your cans and bottles are empty and dry!

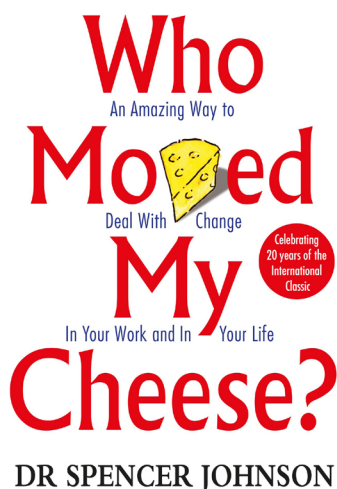


MAYOR'S BOOK RECOMMENDATIONS

Who Moved My Cheese? An Amazing Way to Deal with Change in Your Work and in Your Life by Dr. Spencer Johnson is a renowned motivational tale that focuses on four characters who live in a maze that represents our environment and their search for cheese, representing happiness and success.

*Man's Search for Meaning is a 1946 book by Viktor Frankl chronicling his experiences as a prisoner in Nazi concentration camps during World War II, and describing his psychotherapeutic method, which involved identifying a purpose in life to feel positive about, and then immersively imagining that outcome.

*Wikipedia



BRIEFS

Household Haz Waste

Due to the conditions surrounding COVID-19, Utah County has cancelled the Household Hazardous Waste Collection event that was planned for April 11. Remember: You can ALWAYS dispose of household hazardous materials at North Pointe Solid Waste Special Service District. Many items are free disposal. All electronic waste (TVs, computers, etc.) can be disposed of at no cost.

Dump Passes

Eagle Mountain residents may request two free dump passes per household each calendar year. With the city office buildings closed to the public due to COVID-19, residents may obtain dump passes by sending an email including your address and the name on your utility account to pcatherall@emcity.org. Passes will be mailed after confirming account eligibility. [Intermountain Regional Landfill](#) is still operating.

Senior Meal Program

The biweekly meal service program at the Eagle Mountain Senior Center has been temporarily suspended due to the center closure related to COVID-19. Seniors in need continue to receive meals from the [Meals on Wheels](#) program and at drive-thru lunch pickup locations. Volunteers are welcome for these programs.

EMERGENCY PREPARATION

Earthquakes

During an Earthquake

- Seek cover
- Move away from windows, tall furniture and other things that could fall
- Move under a desk, table or other heavy furniture. As it moves about, hold on, and move with it.
- Move against a wall in the interior of the building, cover and protect yourself.



What if I am...

In bed: If you are in bed, hold on and stay there, protecting your head with a pillow. You are less likely to be injured staying where you are. Broken glass on the floor has caused injury to those who have rolled to the floor or tried to get to doorways.

In a wheelchair: Lock the wheels once you are in a safe position. If unable to move quickly, stay where you are. Cover your head and neck with your arms.

Outdoors: Move to a clear area if you can safely do so; avoid power lines, trees, signs, buildings, vehicles, and other hazards.

Driving: Pull over to the side of the road, stop, and set the parking brake. Avoid overpasses, bridges, power lines, signs and other hazards. Stay inside the vehicle until the shaking is over. If a power line falls on the car, stay inside until a trained person removes the wire.

In a high-rise: Drop, cover, and hold on. Avoid windows and other hazards. Do not use elevators. Do not be surprised if sprinkler systems or fire alarms activate.

In a stadium or theater: Stay at your seat and protect your head and neck with your arms. Don't try to leave until the shaking is over. Then walk out slowly watching for anything that could fall in the aftershocks.

Below a dam: Dams can fail during a major earthquake. Catastrophic failure is unlikely, but if you live downstream from a dam, you should know flood-zone information and have prepared an evacuation plan.

For more tips, including how to prepare before an earthquake and what to do immediately after an earthquake, visit the [Be Ready Utah](#) website.

NEIGHBORHOOD IMPROVEMENT

Spring Landscaping

As the weather is starting to warm up and spring yard projects are beginning, we would like to remind everyone of the clean gutter code and to have all deliveries of mulch, gravel and other materials be placed onto your property and not on the city streets and gutters.

15.65.060 Clean gutter.

Once curb and gutter and surface course are in place it shall be kept as clean as possible. When equipment is required to cross over sidewalk, bridging will be provided to protect concrete. Dirt and gravel will not be placed in gutter or on street. Gutter will always flow freely.

Here are a few codes to be aware of as you begin your outdoor projects:



17.60.100 Residential landscape requirements.

All single-family dwellings shall have the front yards landscaped within one year and back yards within two years of receiving a certificate of occupancy, unless required sooner through the project's CC&Rs or a development agreement.

17.60.040 General landscape provisions.

The following landscape provisions shall be adhered to by all land uses unless otherwise noted:

A. Park Strips. Park strips adjacent to residential dwellings shall be landscaped and maintained by the property owner whose property abuts the park strip.

B. Landscape Maintenance. All landscaped areas shall be maintained by watering of landscaping, removal of weeds, the cutting of lawn or any other activities required to maintain healthy and aesthetically pleasing landscaping. Topping of trees as a pruning technique is prohibited.

C. Tree Clearance. Trees which project over any sidewalk shall be pruned clear of all branches between the ground and a height of eight feet for that portion of the foliage located over the sidewalk.

8.10.010 Burn permit required – Fee.

It shall be unlawful to kindle or ignite a fire for the burning of weeds or residential waste in residential areas of the city, unless a burn permit is first obtained from [Unified Fire Authority](#).

If you have any questions, feel free to contact us at neighborhoodimprovement@emcity.org. Thank you for helping to keep Eagle Mountain City a clean and desirable place to live.

Wildlife in Eagle Mountain: Western Meadowlark

With spring just around the corner, one of the first signs of the season change here in Eagle Mountain may be heard before it is seen. It's the lyrical melody of the Western Meadowlark, named *Sturnella neglecta* by John James Audubon, claiming that most explorers and settlers who ventured west of the Mississippi River after Lewis and Clark had overlooked this common bird. Traveling mainly in small flocks, they return from where they've wintered, to the south or in lower elevations, in late winter or early spring. They are often more easily heard than seen, unless you spot a male singing from a fence post. The flutelike song, which (so we've heard) interpreted means "Utah's such a pretty little place," may be [heard here](#).



This colorful member of the blackbird family flashes a vibrant yellow breast crossed by a distinctive, black, V-shaped band. They love our habitat here in Eagle Mountain, enjoying the grasslands and building their ground nests among the low-growing vegetation.

Western Meadowlarks eat both grain and weed seeds along with insects. They show a distinctly seasonal dietary pattern, foraging for grain during winter and early spring, and for weed seeds in the fall. In late spring and summer they probe the soil and poke beneath dirt clods and manure piles seeking beetles, ants, cutworms, grasshoppers, and crickets. As they forage, meadowlarks use a feeding behavior called "gaping"—inserting their bill in the soil or other substrate, and prying it open to access seeds and insects that many bird species can't reach. Western Meadowlarks occasionally eat the eggs of other grassland bird species. During hard winters, they may even feed at carcasses such as roadkill.

The female Western Meadowlark chooses a nest spot on the ground in pasture, prairie or other grassland habitat. She seeks out a small dip or depression, often shielded by dense vegetation that can make the nest difficult to see. Working alone, the female uses her bill to shape a depression in the soil into a cup-like shape, then lines the nest with soft, dry grasses and the pliable stems of shrubs. Although some nests are simple grass-lined bowls, Western Meadowlarks often use the vegetation around the nest cup as an anchor to create a hood-like, waterproof dome over the nest by weaving together grass and shrub stems. When finished the nest is 7-8 inches across, with a cup that is 4-5 inches across and 2-3 inches deep. It can take 6-8 days for the female to build the season's first nest.

In coming days, take a moment to stand quietly and listen for the distinctive song of our musical Eagle Mountain resident, the Western Meadowlark.

COVID-19 Information

For the most up-to-date information from the Utah Department of Health and the Utah Coronavirus Task Force, please visit coronavirus.utah.gov.

Eagle Mountain City has a [page on our website](#) for a variety of COVID-19 resources, including state recommendations, city response, business resources, health & safety tips, city contact information, cancellations, and activities from home.

TestUtah is a new initiative sponsored through Silicon Slopes in partnership with state leaders and private corporations. The goal is to dramatically increase the rate of COVID-19 testing so Utahns can have better access to testing and help stem the spread of COVID-19, and get us back to normal as quickly as possible. Visit TestUtah.com whether or not you have symptoms to complete a brief assessment.

Stress, anxiety, and other depression-like symptoms are common reactions during social isolation.

Get help.

Call 1-800-985-5990
or text
TalkWithUs to 66746

Be Ready Utah

The graphic features a dark blue background with a large, stylized virus particle. A silhouette of a person is shown sitting inside a house-shaped outline, with a smaller virus particle below it.

**CURBSIDE SERVICES
IN EAGLE MOUNTAIN**

Los Aribertos
Six Sisters Deli
Village Pizza
Dairy Queen
Just Chillin
Quench It
Pizza Hut
Somtum

EAGLE MOUNTAIN

The graphic shows a close-up of a white bowl filled with a salad of sliced cucumbers, tomatoes, and sprouts, with a fork resting in it. The background is slightly blurred, showing a person's hands.

**UTAH CORONAVIRUS
INFORMATION LINE**

Do you have questions about COVID-19? We are here to help. Please call.

1-800-456-7707

The graphic features a teal background with a white smartphone icon on the left. The phone screen displays an information icon and the number 1-800-456-7707.

Need Help? *What next?*
Is paying rent a challenge?

Layoffs? **Have a small business?**

Struggling to make payroll? *Unsure about the future?*
Feeling nervous?

Learn about small business loans
and other resources by visiting
business.utah.gov/coronavirus



EAGLE
MOUNTAIN

CITY HOTLINE

801-789-5959
(AFTER HOURS OR URGENT)

OPTION 2: PARKS

OPTION 3: WATER

OPTION 4: SEWER

OPTION 5:
STORM DRAIN

(street flooding or illegal dumping in drains)

OPTION 6: STREETS

City Notifications

Sign-up:

Emergency & Traffic Alerts

City News

Special Events

Public Meetings

Jobs

www.emcity.org/notifyme

Choose HOW you want to be notified.

(email or text - phone calls emergency only)



To stay up-to-date with City news, events, and more - follow Eagle Mountain City on Facebook, Twitter, YouTube, and Instagram. You may also subscribe to email/text notifications, including emergency alerts at www.emcity.org/notifyme.

